

INFORMATION FOR SCHOOLS





A highly interactive workshop based on the Ready, Steady, Cook TV show, raising awareness about Healthy Eating in a fun and interactive way.

The climax of the show is **an exhilarating live cooking competition** between the **Red Chilli** and the **Green Peas** using fresh ingredients such as vegetables, fruits, meats and many more.

The teams, made up of Teachers and Pupils, are given a selection of ingredients to cook the best balanced healthy meal in just 15 minutes, whilst the audience members are highly involved, adopting the roles of Food Critics, Tasters, and Judges.

WHERE IS THE SHOW DELIVERED?

The Roadshow is delivered all across the **United Kingdom**. Primary Schools, Secondary Schools, Summer Fairs, Open days, and many more.

HOW LONG IS THE SHOW?

The Roadshow is **1 hour long**. This can be adjusted according to the school's schedule. We can deliver up to three show per day in the same venue.

"A fantastic event and *very Inspirational*... Jamie needs more people like you to make a difference"

School Projects Team JamieOliver.com

www.schoolfoodshowdown.com





We are proud
Award Winners
Theo Paphitis'
Small Business Award

AWARD WINNING HEALTHY EATING ROADSHOW

WHAT IS THE SHOW ABOUT?



BUILT AROUND THE EATWELL GUIDE

More than 60% of adults and 34% of Primary School age children have excess weight. This is increasing each year.

The School Food Showdown aims to tackle that increase by highlighting the Eatwell Guide, taking our food back to basics, using lots of vegetables.

We emphasise the importance of eating a healthy breakfast every day, the food groups that make up a healthy diet, and how to put together a healthy meal.

We do this with our highly entertaining live cook off, where pupils and teachers battle to cook the healthiest balanced meal in just 15 minutes.



2 ELECTRIC WOKS

2 PLASTIC CHOPPING BOARDS

2 SAFETY KNIVES

COOKING UTENSILS

FRESH INGREDIENTS

KITCHEN SAFETY

Our Hosts are trained to assist the participants cook and use the equipment safely.

In primary schools, we chop the vegetables before the show to keep it as safe a possible for your students.

Our stage set up is equipped with fire fighting equipment and first aid kits.

Safety is our number one priority.





REAL BENEFITS FOR YOUR SCHOOL.

WHY SHOULD YOU BOOK WITH US?

"The children and staff were buzzing after each session and many couldn't wait to go home and have a go at cooking for their parents"

- HEADTEACHER, THE DUKES

YOUR PUPILS

Your pupils will learn about the benefits of eating a Healthy Breakfast every day, and how to put together a healthy meal. **Healthy Eating can lead to improved Concentration**, **Better Behaviour and Better Health**.

YOUR SCHOOL

Our Roadshow creates a buzz around food, and Schools report that the Canteen is busier after the show. The show is evidence for Healthy Schools status and Communicating Healthy Eating for OFSTED.

YOUR COMMUNITY

We encourage schools to use local and social media to show the good things your school is doing for healthy eating. It shows your community that you are committed to the health and wellbeing of your students.

SAFETY



HOW DO WE KEEP OUR SHOW SAFE?

INSURANCE

Our show is covered by **Specialist Insurance**, tailored to our show.

EXPERIENCE

Our hosts are **experienced Chef trainers** who have trained chefs internationally about kitchen safety.

ALLERGENS

The ingredients we use have been meticulously planned to eliminate common allergens.

SAFETY BRIEF

Before the show begins, our host will have a **5 minute safety brief with the participants.**

RISK ASSESSMENT

Our show is continually assessed for risk, with all **legal documentation available** upon request.

EQUIPMENT

The show has **first aid kits** and **fire fighting equipment** on hand behind the set.

For more Allergen information and Equipment safety, please visit the Safety Info section of our website.















CONTACT US

e-mail enquiries@funfoodcompany.co.uk

Fill in the 'Contact Us' form on our website schoolfoodshowdown.com

We look forward to bringing
The School Food Showdown
to your School

